# Hibiscus (Roselle)

#### Roselle — Africa's Crimson Jewel with Global Demand



Roselle (*Hibiscus sabdariffa*) is a tropical hibiscus species celebrated for its **deep red**, **fleshy calyces** — the part of the plant used to produce the famous crimson herbal drink often known as **karkade**, hibiscus tea, sorrel drink, or bissap across many cultures.

Native to Africa, Roselle is valued not only for its refreshing tart flavor, but also for its versatility, resilience, and growing recognition for potential **health-support properties**, especially around blood pressure and heart wellness.

Unlike ornamental hibiscus, Roselle is cultivated specifically for food, beverages, and nutraceutical applications — making it a **true agricultural commodity crop**.

#### What Roselle Is

#### **Botanical Source**

Roselle comes from the **calyx** — the fleshy red covering that surrounds the seed pod after flowering. Once harvested and dried, these calyces are used for teas, beverages, sauces, and natural food colorants.

## **Appearance**

Fresh calyces are **bright crimson**, thick, glossy, and fleshy. When dried, they become deep burgundy petals that rehydrate easily when soaked in water.

#### Flavor Profile

Roselle offers a **cranberry-like, tart, slightly fruity** taste. It blends well with spices, ginger, citrus, and honey — making it popular in beverages and culinary uses worldwide.



## **Key Uses & Characteristics**

## Calyces — The "Red Cups"

These are the most valuable part of the plant. They are used to produce:

- hibiscus tea (hot and cold)
- karkade and bissap drinks
- jams and jellies
- syrups, chutneys, and sauces
- natural food and beverage colorants

#### Leaves

Roselle leaves are edible and may be used:

- raw in salads
- cooked as a leafy vegetable
- in soups, curries, and traditional dishes

Their **sour**, **slightly spicy taste** makes them an excellent substitute for sorrel or spinach in many recipes.

#### Seeds

Roselle seeds can be:

- roasted and ground as a coffee substitute
- pressed for oil
- used in livestock feed or baking applications

This means almost every part of the plant has value.

#### **Traditional & Research-Based Benefits**

Roselle has long been used traditionally to support:

- healthy blood pressure
- heart and circulatory wellness
- hydration and detoxification
- digestive comfort

Scientific studies increasingly investigate hibiscus extracts for **cardiovascular and antioxidant benefits**, though it is safest and best consumed primarily as **food and tea**, rather than concentrated supplements unless medically advised.

## **Growing & Cultivation Advantages**

Roselle is especially attractive to farmers because it is:

- drought-tolerant
- low-maintenance
- fast-growing (4–6 months to harvest)
- suited for warm tropical and subtropical climates
- adaptable to many soil types with good drainage

It thrives in **full sun** and can be inter-cropped within diversified farming systems.

#### **Global Demand**

Roselle has **strong and expanding international markets**, driven by:

- rising demand for herbal teas
- growth of natural wellness beverages
- clean-label, plant-based ingredients
- reduced-sugar and functional drinks industries

Major consuming regions include:

- North America (health beverage markets)
- Europe (herbal tea industry)
- Middle East & North Africa (karkade traditions)
- West Africa (bissap / sorrel drink markets)
- Asia (culinary + nutraceutical uses)

Food manufacturers increasingly add hibiscus to:

- bottled iced teas
- natural juices
- functional beverages
- premium herbal infusion blends

This creates a **stable and scalable export opportunity**.

#### **Market Pricing**

Roselle is not as expensive as saffron — but it performs strongly as a **volume-based commodity crop**.

Prices vary based on quality, drying method, cleanliness, and certification.

## Typical International Prices (Indicative ranges)

Product Type USD per kg Approx. BWP per kg\*

Dried calyces (farm level bulk) \$2 - \$5 ≈ BWP 28 - 70

Cleaned, graded dried calyces \$5 - \$10 ≈ BWP 70 - 140

Premium export-grade hibiscus \$10 - \$18 ≈ BWP 140 - 250

Retail packaged tea blends \$20 - \$40+ ≈ BWP 280 - 560+

Because Roselle yields are high per hectare, and value rises significantly when dried, graded, and packaged, it fits perfectly into **farmer cooperatives and export-ready value chains**.

## **Economic & Agricultural Value**

Roselle is ideal for:

- community cooperatives
- women- and youth-led farming enterprises
- smallholder clusters
- agro-processing hubs

Value multiplies when farmers move from **raw calyx selling** to:

- √ drying and hygienic packaging
- ✓ branding as tea or beverage raw material

<sup>\*</sup>Assuming approx. 1 USD ≈ 14 BWP. Prices vary by season and market.

- √ exporting bulk dried product
- √ supplying beverage industries

In cluster systems — like your ABC/RUAIPP model — Roselle becomes a **profitable rotation crop** alongside other high-value commodities.

## **In Summary**

Roselle is one of Africa's heritage crops now gaining strong global commercial attention.

## It combines:

- cultural tradition
- strong export demand
- nutritional and wellness appeal
- low production costs
- broad processing potential

For forward-looking farmers and agribusiness partners, Roselle represents a sustainable pathway to diversification, income generation, and entry into the **booming global herbal beverage market**.